

Essential Steps: Ladders

21
PERCENT

of fatalities
in the construction
industry between
2003 and 2011
were due to
falls from ladders¹

3,830
CLAIMS

of a serious
nature were
from falls
from ladders
between
2009 and 2011¹

28
PERCENT

of falls-related
hospitalisations
between
2006 and 2009
were associated
with ladders¹

Steps to safety

01

Consider alternatives
to a ladder, such as
scaffolding or an
elevated work
platform.

02

Inspect ladders
for damage
before use.

03

Always maintain
three points of
contact with
the ladder.

Refer to the relevant safety authority in your jurisdiction
for further information

1. <https://www.safeworkaustralia.gov.au/system/files/documents/1702/falls-from-height.pdf>

