

Essential Steps: Bullying

**37
PERCENT**

of workers reported being sworn or yelled at in the workplace¹

**\$10.9
BILLION**

is spent per year for untreated mental health conditions²

**43,390
CLAIMS**

of a serious nature between 2000 and 2014 were due to mental stress³

Steps to safety

01

Set clear standards of behaviour and ensure they are communicated and enforced.

02

Ensure that reports of bullying are taken seriously, and properly investigated.

03

Use anonymous surveys and exit interviews to determine if bullying is occurring in the workplace.

Refer to the relevant safety authority in your jurisdiction for further information

1. <https://www.safeworkaustralia.gov.au/doc/infographic-workplace-bullying-and-violence>

2. <https://www.headsup.org.au/docs/default-source/resources/bl1270-report---tns-the-state-of-mental-health-in-australian-workplaces-hr.pdf?sfvrsn=8>

3. <https://www.safeworkaustralia.gov.au/statistics-and-research/statistics/disease-and-injuries/disease-and-injury-statistics-type>

